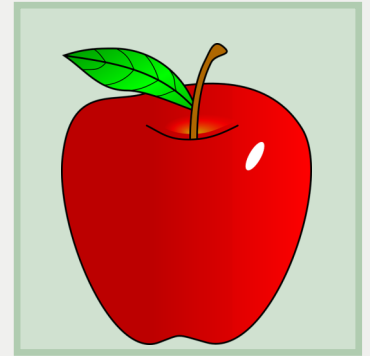
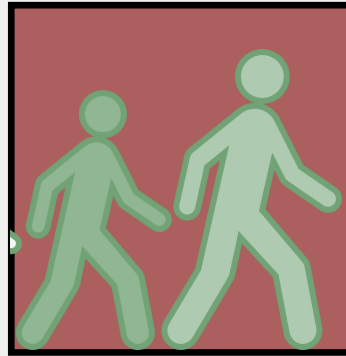


North Logan City
**HEALTH &
WELLNESS
FAIR**



Friday, March 25th, 2022

6:00pm-8:00pm

RSL in North Logan— 2800 N 230 E North Logan

FREE COMMUNITY EVENT

PRESENTED BY NORTH LOGAN RECREATION: RE-CREATE THE WAY YOU RECREATE

Featuring

- ⇒ Mini sessions of exercise, meditation, CPR techniques, fire protocol, etc.
- ⇒ Fun games to get moving
- ⇒ Booths with information

Health information on a variety of topics including

- ⇒ Exercise & wellness
- ⇒ Financial planning
- ⇒ Community & social services
- ⇒ Self-care & screenings
- ⇒ Family help
- ⇒ Ergonomics