

## NORTH LOGAN RECREATION SOCCER RULES

### LAW 1: THE FIELD

PRE-K	U6	U8	U10	U12 COED	U15 COED
No penalty mark	No penalty mark	No penalty mark	Penalty mark	Penalty mark	Penalty mark
80' long x 70' wide	105' long x 75' wide	165' long x 106' wide (175'x106' Spring 2022)	165' long x 106' wide (175'x106' Spring 2022)	165' long x 106' wide (175'x106' Spring 2022)	105' long x 75' wide

\*Goals outdoors will be secured to the ground.

\*Lines are part of the playing field.

**\* Each field will have 2 break out lines. When there is a goal kick, the defense must be behind the break out line. Once the ball is kicked, the defenders may cross the line.**

### LAW 2: THE BALL

PRE-K	U6	U8	U10	U12 COED	U15 COED
Size #3	Size #3	Size #3	Size #4	Size #4	Size #5

\*Home team (first team on schedule) supplies the ball for their match only. \*should be inflated from 5-8 lbs. \*If the ball becomes damaged, a drop ball will restart the match

### LAW 3: NUMBER OF PLAYERS

PRE-K	U6	U8	U10	U12 COED	U15 COED
*No more than 5 on the field *Can start with 3. *No Goalie	*5v5 includes goalie *Can start with 3	*Girls: 8v8 includes goalie *Boys: 8v8 including goalie *Can start with 5.	*Boys 8v8 includes goalie *Girls 8v8 includes goalie *Can start with 5.	*8v8 start with 6 <b>*Must have 2 or more girls on the field at all times</b> *Free substitution at any time	*Can <b>*4v4 *No Goalie</b> <b>*Must have one girl on the field at all times</b>
Free substitution anytime. *No goalie	Free substitution anytime. Change goalie during stoppage of play.	Free substitution anytime. Change goalie during stoppage of play.	Free substitution anytime. Change goalie during stoppage of play.	Free substitution anytime. Change goalie during stoppage of play.	Free substitution anytime. *No goalie

\*In the event of a serious injury game will be stopped and player should be replaced.

\*In the event of a minor injury play will be stopped at the next dead ball and player will be assessed.

\*Goalies can change with any player of his/her team that is already playing. Referee must be notified or a yellow card may be issued to both players involved.

**\*Drop kick is allowed by goalie for u6 and up. There is no heading the ball. \*(U15 can head the ball)**

\*High kicks (any kick above the waist, with any player nearby) will result in an indirect free kick.

### LAW 4: PLAYER'S EQUIPMENT

PRE-K	U6	U8	U10	U12 COED	U15 COED
*Players must not wear anything that is dangerous to herself/himself or other players.					
*Casts can be worn if covered and approved by 1) Referee, 2) Players coach. CASTS MUST BE APPROVED PRIOR TO THE GAME.					
*Soccer cleats can be worn. NO METAL OR TOE CLEATS. U6-up cleats or gym shoes *Pre-K gym shoes only in the spring indoor league. Can wear cleats in the fall outdoor league.					
*SHIN GUARDS ARE MANDATORY.					
*Jersey must be worn and tucked in. Warm weather clothes can be worn underneath the jersey. *Goalies need to wear top distinguishing them from other players and referees					

### LAW 5: REFEREE

PRE-K	U6	U8	U10	U12 COED	U15 COED
Coaches ref the games	1 Referee	1 Referee	2 Referees	2 Referees	1 Referee

\*Ensures correct number of players for the start of the match. Forfeit time is 5 min. after scheduled start time. Games can be started late but the time will be adjusted to end the game at the normal time.

\*Makes sure Law 4 is enforced prior to game.

\*Enforces all rules. Does not call incidental contact, focuses on intent of breach. Does not control the match by continually blowing the whistle.

\*Stops play by blowing whistle and using correct hand gestures.

\*Starts quarters, restart after goal, and penalty kicks with a whistle. Other restarts do not require a whistle.

\*Acts professionally.

**\*Provides distance, when requested, for free kicks. 5 yards for U6, U8 & U14, 8 yards for U10&U12**

\*Stops game the moment anyone sees lightning. Can also cancel due to harsh weather conditions. If game is into 3rd, 4th qt. no rematch. Optional if canceled earlier. Coach's discuss at that me. \*Administers red/yellow cards. Let's make it a goal not to have any of these. This is a recreation league. Treat players and referees with kindness.

\*Act as a timekeeper \*Documents game, score

\*The Advantage Rule: The Referee has the responsibility to NOT call an obvious foul if, by stopping play at that moment, the effect would be to cause greater harm to the team that was fouled with the advantage.

### LAW 6: DURATION OF GAME

PRE-K	U6	U8	U10	U12 COED	U15 COED
15 min practice, then 4- 8 min	<b>Four 8 minute quarters</b>	<b>Four 10 minute quarters</b>	<b>Four 10 minute quarters</b>	<b>Four 10 minute quarters</b>	<b>Two 25 minute halves</b>

\*2 minute interval between 1st & 3rd quarters

\*5 minute halftime interval or when kids are ready

### LAW 7: RESTARTS

PRE-K	U6	U8	U10	U12 COED	U15 COED
*Home team chooses which goal to attack at start of game. Away team receives the kick off. *Goals can't be scored on the kick off.	*Home team chooses which goal to attack at start of game. Away team receives the kick off. *Goals can't be scored on the kick off.	*Home team chooses which goal to attack at start of game. Away team receives the kick off. *Goals can't be scored on the kick off.	*Home team chooses which goal to attack at start of game. Away team receives the kick off. *Goals can't be scored on the kick off.	*Home team chooses which goal to attack at start of game. Away team receives the kick off. *Goals can't be scored on the kick off.	*Home team chooses which goal to attack at start of game. Away team receives the kick off. *Goals can't be scored on the kick off.

\*Defense on own half of the field and outside of the center circle.

\*Offense on own half of field and **inside or outside of circle.**

\*Ball must roll forward or backward. Distance does not matter.

\*If the kicker touches the ball a second time an indirect kick is awarded to the other team.

### LAW 8: BALL IN & OUT OF PLAY

PRE-K	U6	U8	U10	U12 COED	U15 COED
*100% rule, Entire ball must cross the line to be in/out of play or score a goal.					

### LAW 9: METHOD OF SCORING

PRE-K	U6	U8	U10	U12 COED	U15 COED
*Can't score on throw-in, kickoff.	*Can't score on throw-in, kickoff, and any free kick since they are all indirect. *Can score on corner kicks.	*Can't score on throw-in, kickoff, and any free kick since they are all indirect. *Can score on corner kicks.	*Can't score on throw-in, kickoff, and any free kick since they are all indirect. *Can score on corner kicks.	*Can't score on throw-in, kickoff, and any free kick since they are all indirect. *Can score on corner kicks.	*Can't score on kick-in, kickoff, and any free kick since they are all indirect. *Can score on corner kicks.
LAW 10: OFFSIDES					
PRE-K	U6	U8	U10	U12 COED	U15 COED
*No offsidess	*No offsidess	*No offsidess	*Offside position if you are on opponents half of the field and don't have the ball and there aren't 2 defenders between you and the goal you're attacking *Can't be offside on a goal kick, corner kick, throw-in, if you have the ball, or if you're on your half of the field *Offside position won't be called until you are part of the play.	*Offside position if you are on opponents half of the field and don't have the ball and there aren't 2 defenders between you and the goal you're attacking *Can't be offside on a goal kick, corner kick, throw-in, if you have the ball, or if you're on your half of the field *Offside position won't be called until you are part of the play.	*No offsidess
LAW 11: FOULS AND MISCONDUCTS					
PRE-K	U6	U8	U10	U12 COED	U15 COED
Free kick on fouls	Free kick on fouls	Free kick on fouls	*Direct-kicking or attempting to kick, trip or attempt to: jumping at, charging, striking or attempting to: push or slide tackle before contacting ball, holding, spitting, touching ball. Any of these occur by defender inside penalty box result is a penalty kick.	*Direct-kicking or attempting to kick, trip or attempt to: jumping at, charging, striking or attempting to: push or slide tackle before contacting ball, holding, spitting, touching ball. Any of these occur by defender inside penalty box result is a penalty kick.	*Direct-kicking or attempting to kick, trip or attempt to: jumping at, charging, striking or attempting to: push or tackle before contacting ball, holding, spitting, touching ball. Any of these occur by defender inside penalty result is indirect kick.
LAW 12: FREE KICKS					
PRE-K	U6	U8	U10	U12 COED	U15 COED
*Indirect only	*Indirect only	*Indirect only	*Indirect	*Indirect	*Indirect
<b>*Provides distance, when requested, for free kicks. 5 yards for U6, U8 &amp; U14, 8 yards for U10&amp;U12</b>					
LAW 13: PENALTY KICK					
PRE-K	U6	U8	U10	U12 COED	U15 COED
*None	*None	*None	If a foul occurs in the box, it will result in a Penalty Kick. PK shootout in tournament only	If a foul occurs in the box, it will result in a Penalty Kick. PK shootout in tournament only	*None
*PK in case of a tie. Each team has 5 kicks/chances (by different players). All 5 kicks will be done by one team then the other. The ball will be placed 20 feet from the goal. Both teams will line up on the center line. The kicker will come to the penalty box after they have kicked the next one will come up. The referee will signal when it ready to kick the ball Goalie: Must have one foot on the goal line when the ball is kicked.					
LAW 14: THROW IN					
PRE-K	U6	U8	U10	U12 COED	U15 COED
Re-throw entire year- 3 tries.	Re-throw entire year- 3 tries.	Re-throw entire year- 3 tries.	Re-throw 1/2 season	Re-throw 1/2 season	Kick Ins
*100% rule. If 100% is not in play same team re-throws until ball is in play *Thrower can't touch ball before it has touched another player. Indirect kick is awarded					
LAW 15: GOAL KICK					
PRE-K	U6	U8	U10	U12 COED	U15 COED
<b>*Kicking team players can be inside of penalty area.</b> <b>*Opposing team is outside the penalty area (or behind the build out line) until the ball is kicked.</b> *Kick taken by any team member anywhere inside the goal box. <b>*Ball becomes live as soon as the ball is kicked. The ball does NOT have to leave the penalty area before becoming live.</b>					
LAW 16: CORNER KICK					
*Distance will be given if asked for. *can score goal directly for all ages					
LAW 17: Misc. U15 Rules					
*There are no throw ins. If the ball goes out of bounds on the sideline, the ball will be place on the spot where it went out and it will be a kick in. Cannot score from a kick in.					
*Players cannot touch the ball inside the arcs. If an offensive player touches the ball in the arc, it will result in a goal kick. If a defensive player touches the ball in the arc, it will result in a goal.					
*A goal can only be scored past midfield (attacking half). If you score a goal that is farther than half field, it will be a goal kick and will not count.					
*If a player commits a foul (hand ball or slide/physical foul) when there is an obvious goal scoring opportunity. That player and coach will receive a warning. If it happens again (through out the whole season), it will result in a red card (thrown out of the game) and that team must play a person down on the field for the duration of that game.					