



NLC FITNESS JUNE 2026

NORTH LOGAN
FIT♥CLUB

Monday	Tuesday	Wednesday	Thursday	Friday
Summer Celebration HIGH w/ Jesse Wear Tie Dye 1	2	XTREME w/ Kim 3	4	WEIGHTS W/Sierra 5
RAINBOW HIGH W/Jesse Rainbow Everything 8	9	XTREME w/ Kim 10	11	REFIT W/Kimberlee 12
15 NO CLASS	16	17 NO CLASS	18	19 STRENGTH W/Sierra
Double Trouble HIGH W/Jesse Twin with a friend 22	23	XTREME W/Kim 24	25	26 ½ REFIT ½ WEIGHTS W/Sierra
USA HIGH W/Jesse Wear red white and blue 29	30			

\$12 a month

or

\$2 drop-in fee

Register online @
Northloganrec.org

