



NLC FITNESS MARCH 2026

NORTH LOGAN
FIT CLUB

\$12 a month

or

\$2 drop-in fee

Register online @
Northloganrec.org



Monday	Tuesday	Wednesday	Thursday	Friday
HIGH-VERSARY come celebrate W/Jesse 2	3	STRENGTH & AGILITY W/Roni 4	5	REFIT + WEIGHTS W/Sierra 6
HIGH w/ Jesse 9	10	STRENGTH & AGILITY W/Roni 11	12	St. Patricks Day CARDIO DANCE W/Sierra 13
St. Patty's HIGH W/Jesse (wear green and a leprechaun hunt for the kids) 16	Happy St. Patrick's Day 17	STRENGTH & AGILITY W/Kim 18	19	STRENGTH W/Sierra 20
HIGH W/Jesse 23	24	STRENGTH & AGILITY W/Roni 25	26	WEIGHTS W/Sierra 27
NO CLASS 30	31			