

GOOD BETTER BEST COACHING

How can you be the best coach for your team?
Thank you for being willing to coach!

GOOD COACHES:

- Participate in a coach meeting
- Show up on time
- Have the proper equipment
- Let the kids have fun

BETTER COACHES:

- Set team goals focused on effort and development
- Participate in a coach meeting and have a parent meeting
- Show up early
- Have drills planned that are fun and get everyone involved
- Focus on effort and the development of the players (not focused on winning)
- Support equal playing time
- Teach good sportsmanship
- Communicates well with team and parents.

BEST COACHES:

- Set team goals and personal goals with the players focused on effort and development
- Participate in a coach meeting, have a parent meeting and get parents involved
- Show up early and prep the field for practice/game
- Have drills planned that are fun, increase skill, and get everyone involved
- Support equal playing time
- Have all players spend time at each position on the field
- Explain "Why" during practices and games (kids want to know why they do things)
- Demonstrate good sportsmanship at ALL times by treating team players, opponents, spectators and officials/umpires with respect.
- Communicates well with North Logan Recreation, team, and parents.

WHY ARE YOU A COACH?

Do you coach to spend more time with your kids? Because you love kids? Love the game? Maybe you're trying to be a good community member. Or maybe the league was short coaches and you stepped in. Whatever the reason...

Congratulations! You have the opportunity to make an impact on many children's lives.

Why do Kids Participate?

- 1) Physical Competence
- 2) Social Affiliation
- 3) Fun!

Why do Kids Drop Out?

- 1) Overemphasis on Winning
- 2) Parental Pressure
- 3) Lack of Time

What Parents Want to See in a Coach:

Top 3 Expectations:

- 1) Fairness and honesty in dealing with their athletes
- 2) Ability to teach well
- 3) Commitment to the development of sportsmanship

**PLAYER
FOCUSED
COACHING**